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May 19, 1998



Dr. Elizabeth A. Yetley
Acting Director Office of Special Nutritionals
HFS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington, D.C.

Dear Dr. Yetley:

Please find attached the structure function claims notification for our two new products. Beyond Endurance Stamina and Energy Shake is a dietary supplement shake. ThinSolution is a weight management aid.

In the past my predecessor Katie Huggins submitted all claims notifications. If I have overlooked any details that you need please feel free to contact me at (303) 546-6306 extintion 4181.

Sincerely,

A handwritten signature in cursive script that reads 'James W. Taylor'.
James W. Taylor
RA/QA

Cc: Substantiation file

Attachments

97S - 0162

LET 1669



RECEIVED
5/26/98

**NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA
AND 21 CFR §101.93**

This notification is being filed on behalf of 4Health, Inc., doing business as Nature's Secret, which is the distributor of the product(s) which bear the statements identified in this notification. Its business address is: 5485 Conestoga Court, Boulder CO 80301. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is ThinSolution™.

The text of each structure-function statement for which notification is now being given is:

(Statement 1): Supports and increases your metabolic rate without over stimulating the Central Nervous system and heart.

(Statement 2): Elevates mood & strengthens will power, also helps curb carbohydrate cravings.

(Statement 3): Increases Energy

(Statement 4): Supports Heart Function.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made.

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
1	Advantra Z (Citrus Aurantium), Chromium, Vitamin B3, Cayenne Powder, Vitamin E3, Vitamin B6
2	St. John's Wort, Ginkgo Biloba
3	Panax Ginseng, Green Tea Powder, Vitamin B3, Vitamin B6
4	Hawthorne Berry, Potassium

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
1	ThinSolution™	Both
2	ThinSolution™	Both
3	ThinSolution™	Both
4	ThinSolution™	Both

I, R. Lindsey Duncan, am authorized to certify this Notification on behalf of 4Health, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that 4Health, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: 5-11-, 1998

By: 

Dr. R. Lindsey Duncan CN, ND
CEO and Formulator, 4Health, Inc.

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